

Greene, Jaison

From: jeff haber [jspirit3@gmail.com]
Sent: Saturday, January 29, 2011 9:57 AM
To: jaisonmgreene@yahoo.com
Subject: your book

Hey Jaison,

Thank you so much for sending me a copy of your book. I found it very user friendly and I think for someone who is first getting interested in cleanses, this book is a great reference for people to get familiar with the concept and process of a cleanse. I also love the pro's and con's part after each product. That was my favorite part of the book for my own information.

Because you have lived this path, the book feels very authentic and offering your experience from the heart is the most important part for me. I would definitely recommend tis book to anyone interested in diet and cleansing.

I would have liked to see a chapter of some of the flushes; gall bladder, kidney, etc. Maybe that is coming next.

You have been a great help to me in the past year and I hope this reference book will be of service to many others wanting to find the path to self healing!

much love and best wishes,
Jeff